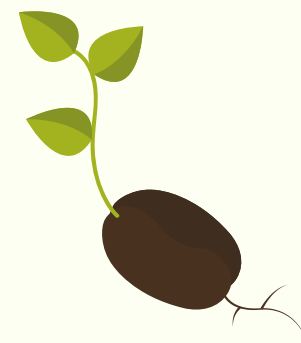


# HOW DIETITIANS & NUTRITIONISTS (D/N) IN THE CARIBBEAN CONTRIBUTE TO SUSTAINABLE FOOD SYSTEMS (SFS) A CASE STUDY

Data was collected from  
13 dietitians and  
nutritionists in the region

What experience do  
D/N in the Caribbean  
have with SFS and  
what barriers do they  
face?

WHAT CANDI COLLEGES ARE  
WORKING ON:



HOME  
GARDENS



SOCIAL MEDIA  
CAMPAIGNS



SUPPORTING  
LOCAL FOODS

## BARRIERS



The prioritization of profits  
from food by government  
sectors and the food industry



Need for multidisciplinary action  
to achieve a SFS yet struggle with  
making it happen



D/N impact on their food systems  
is often overlooked by other  
professionals and colleagues



## IDEAS

Invite yourself to policy tables or  
start/join a food policy council to  
influence others to prioritize nutritious,  
local, and sustainable foods

Learn to "build your case" in the language  
of your decision maker. I.e., talk sustainable  
diets in terms of economic outcomes.

Work with your professional association  
CANDi to help create communications  
materials about roles and opportunities that  
dietitians can play in supporting SFS.

You have region experts who  
are highly knowledgeable about  
SFS and D/N practice



Leverage those experts and use  
them as examples of what your  
next steps could be

FOR MORE INFORMATION VISIT:

- [ICDA SFS Toolkit](#)
- [Example of SFS in Jamaica](#)
- [Regional Experts](#)